



Action Asia Events / Action Asia Foundation
動感亞洲活動 / 動感亞洲基金
www.actionasiaevents.com

Buddha temple, Zhi Nan Temple, Taipei 指南宮廟 – 指南宮 – 台北



PLEASE DON'T THROW ANY GARBAGE ON THE COURSE. No drink bottles allowed to be taken away from water cp as we want to keep the trails clean.
請不要於賽道上棄置垃圾。各水站提供之水樽不能拿走，要於水站飲完後才可繼續比賽。

Getting to Zhi Nan Temple (Chi Nan Gong) 怎樣前往指南宮

Getting to the run start 往起點：

1. Take a taxi to Chin Nan Temple - 指南宮 (Around NT320 from Taipei Main station) Takes 25 minutes. Easiest way.

從台北捷運站乘的士直接前往。大約台幣 320 元。時間約 25 分鐘。最方便快捷的方法。

2. Take the MRT to Wanfang Hospital on the brown Muzha line then taxi to Chin Nan Temple - 指南宮
乘搭捷運到萬芳醫院站（棕色木柵線）然後轉乘的士到指南宮。
3. Take the MRT to Wanfang Hospital on the brown Muzha line. Walk out the only exit, cross the road, turn right and walk approx 100m to the last bus stand outside the Hang Ten clothing shop, Get on bus No 530. Starts at 5:30am with buses running every 15-20min. Get off at Chin Nan Temple - 指南宮
乘搭捷運到萬芳醫院站（棕色木柵線），然後於唯一出口 → 過馬路 → 然後轉右再行大約 100 米於 Hang Ten 店門前巴士站。乘搭巴士 530 號。該巴士路線從每天早上五時半開出，每十五至廿分鐘一班。於指南宮站下車。
4. Take MRT to TAIPEI ZOO STATION and take Action Asia shuttle bus.(**must book online**).

Once at Chin Nan Temple follow the signs to the race start.
當到達指南宮後，沿著路標到起點集合及登記。

Going home from Zhi Nan Gong 由指南宮回家：

1. Get a taxi above or below temple (easier below)
於指南宮附近乘坐的士（指南宮下面比較容易）
2. Walk to the bottom of Chin Nan Temple and get bus 530 back to Wanfang Hospital MRT Station
走到指南宮廟最底，然後乘搭 530 巴士到萬芳醫院站。
3. Ride the Gondola down to Muzha MRT Station and take MRT back into town.
乘搭纜車到木柵捷運站。

From MRT and Bus 由捷運接駁巴士：

The buses to Zhi Nan Temple run from Wanfang Hospital MRT Station which is 3 stops before the Muzha Zoo MRT Station -

<http://english.trtc.com.tw/ct.asp?xItem=1056373&CtNode=27496&mp=122032>

巴士由萬芳醫院站到指南宮，於木柵線總站動物園捷運站前 3 個站。

<http://english.trtc.com.tw/ct.asp?xItem=1056373&CtNode=27496&mp=122032>

Big standard bus No. 530 starts at 5:30am and seems to run every 20min or so.
530 巴士路線從每天早上五時半開出，每十五至廿分鐘一班。於指南宮站下車。

There's also a smaller white bus No. 5 that starts at 5:50am and runs every 15min from 7:00am.

另有白色 5 號巴士，同樣從每天早上五時半開出，由早上七時開始每十五分鐘一班。

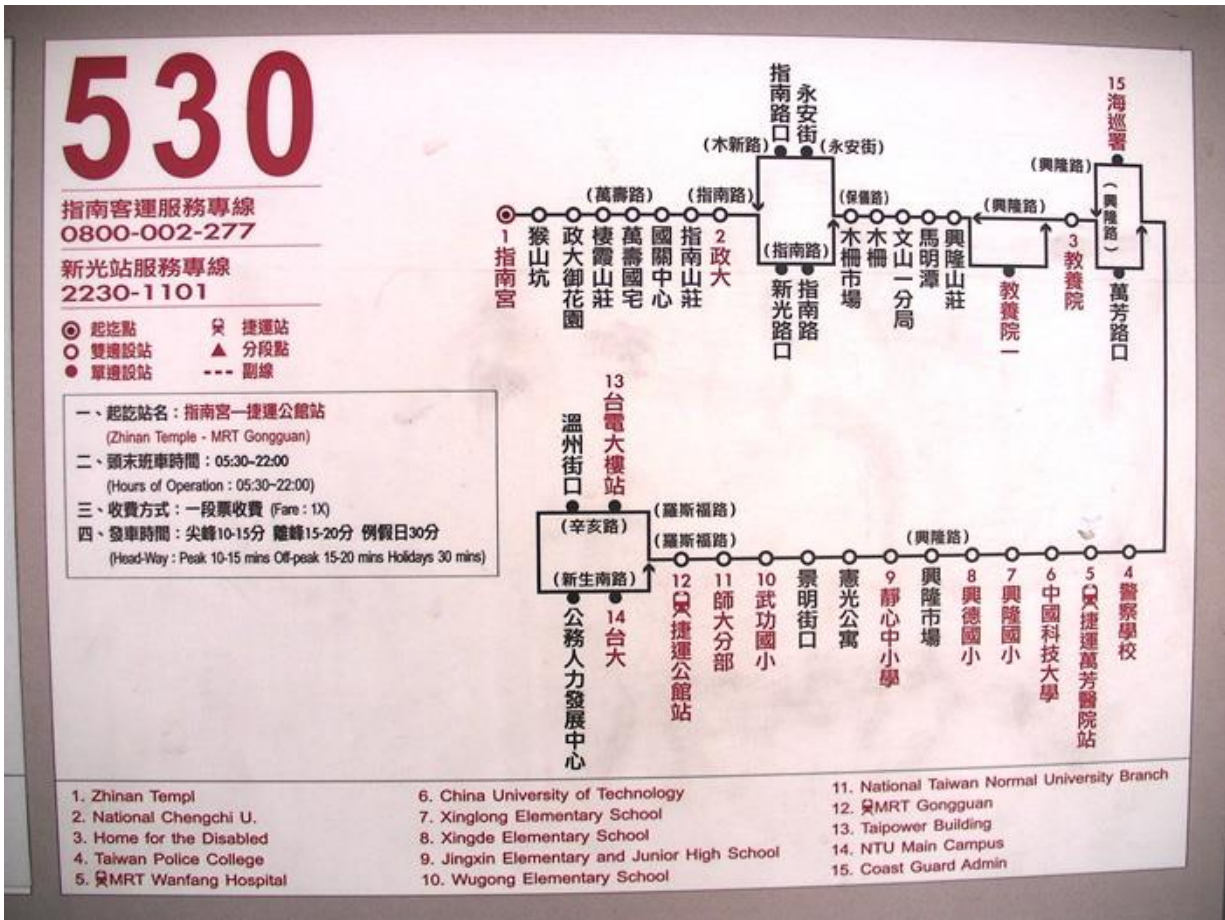
There also appears to be another bus No. 1501 that operates the route also. Cost estimated around NTD\$15 (one stage) or NTD\$30 max (2 stages).

另有 1501 號巴士線，台幣 15 元一站或台幣 30 元兩站。



Zhi Nan Gong bus stop below temple. Walk up stairs 5 minutes from this area and you will arrive at the start and finish area by the Buddha temple.

指南宮巴士於廟下方停。下車後往樓梯向上走，大約 5 分鐘會到達於廟前的起點 / 終點。



530 Bus Route (No 1 is Zhi Nan Temple and No 5 is MRT Wanfang Hospital).
530 巴士路線 (1 號是指南宮，5 號是萬芳醫院站)

○ 雙邊設站 ▲ 分段點
● 單邊設站 --- 副線

一、起訖站名：指南宮—捷運公館站
(Zhinan Temple - MRT Gongguan)

二、頭末班車時間：05:30~22:00
(Hours of Operation : 05:30~22:00)

三、收費方式：一段票收費 (Fare : 1X)

四、發車時間：尖峰10-15分 離峰15-20分 例假日30分
(Head-Way : Peak 10-15 mins Off-peak 15-20 mins Holidays 30 mins)

530 Bus timetable
530 巴士時間表



Number 530 Bus stop outside Hang Ten by Wanfang Hospital MRT station.
於萬芳醫院捷運站附近 Hang Ten 的 530 巴士站。



View from Wanfang Hospital exit
從萬芳醫院站出口望出去



Picture of Bus stop at Wanfang Hospital MRT station
於萬芳醫院捷運站外的巴士站。



Bus stop outside MRT Wanfang Hospital station
於萬芳醫院捷運站外的巴士站。



Wanfang Hospital MRT where you exit to get the 530 bus
萬芳醫院站，可以從這站轉乘 530 巴士。



Taipei ZOO MRT station exit – walk downstairs and catch Action Asia Shuttle Bus or catch taxi (15-20 min to start)





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Gondola link 貓空纜車
<http://gondola.trtc.com.tw/e11.asp>

Taipei Zoo MRT to Gondola is one way but gondola doesn't start until 8:30am so only for those not racing or guests. Or to take down hill after race is finished.

由台北捷運站可以到貓空纜車。但纜車要由早上八時半才服務，只適合參賽者的打氣隊伍 / 家人 / 朋友。或者要待比賽完後才能悉搭。

<http://english.trtc.com.tw/ct.asp?xItem=1056375&CtNode=27497&mp=122032>

Train smart and injury free.

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